

Reviewing My Interests

Firstly, this is our list of some different career interest areas. Read each description and consider how much it sounds like you. Rank each from 1-5 with 1 being most of interest to you and 5 the least interesting.

Interest	Description	Rank
Business Interactions	You like meeting people, making business connections and leading others and achieving business results.	
Outdoor Activities	You like to work and move about outside and freedom from the office. You may enjoy physical exercise and have a real interest in the environment.	
Artistic and Creative Activities	You like expressing yourself freely and often get excited when you come up with new ideas. You like to design and create things and find different ways of doing things.	
Organisation and Structure	You like working on structured tasks that involve organising and being accurate. You prefer to work indoors and relish the challenge of deadlines.	
Research, Invention and Science	You like to discover ideas, observe, investigate and experiment. You are methodical and like to understand why things happen and how things can be made better.	
Being around People	You like to work with people or be part of a group. You enjoy the social contact of teamwork and are concerned about the welfare of your friends and colleagues.	
Practical Activity	You like to work mainly with tools and equipment, making and fixing things, as well as operating machines.	

Now write the names of your top three interest areas below:

1.	
2.	
3.	

Re-read the descriptions for your top three interests. This will help you see what your interests are and what is most important to you and provide an additional focus when you come to consider some of the types of organisation to be found in the voluntary sector.

Next, why not use our [Skills Matching Tool](#) to generate job ideas in the voluntary sector. Having picked the career suggestions that appealed to you write them down here.

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Now think about whether the interests you have just chosen fit with those career ideas. This will help you decide on a career route that not only fits your skills and experience to date but also matches your interests and is more likely to be a fulfilling career choice for you.